

Jesus Said It

1. **The Bread of Life:** Satisfying spiritual hunger (John 6).
2. **The Light of the World:** Overcoming darkness and confusion (John 8).
3. **The Gate:** Entering into salvation and security (John 10).
4. **The Good Shepherd:** Finding peace and protection (John 10).
5. **The Resurrection and the Life:** Conquering grief and fear of death (John 11).
6. **The Way, the Truth, and the Life:** Discovering ultimate purpose (John 14).
7. **The True Vine:** Abiding and producing spiritual fruit (John 15).

John 6:35-40

³⁵ Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty. ³⁶ But as I told you, you have seen me and still you do not believe. ³⁷ All those the Father gives me will come to me, and whoever comes to me I will never drive away. ³⁸ For I have come down from heaven not to do my will but to do the will of him who sent me. ³⁹ And this is the will of him who sent me, that I shall lose none of all those he has given me, but raise them up at the last day. ⁴⁰ For my Father's will is that everyone who looks to the Son and believes in him shall have eternal life, and I will raise them up at the last day."

Big Idea:

Jesus is God's complete provision for humanity's deepest need. He alone satisfies the soul, secures salvation, and guarantees eternal life for everyone who believes in Him

Transition

- Everyone knows what it feels like to be hungry.
- Some hunger for success.
- Some hunger for love.
- Some hunger for purpose.
- Some hunger for peace.
- Some hunger for forgiveness.

Trap

We spend our lives trying to satisfy spiritual hunger with physical things.

- Money

- Relationships
- Entertainment.
- Achievement.
- Religion.
- Yet nothing fills the emptiness.

Jesus says

"I am the Bread of Life."

This is the first of seven "I Am" statements in John's Gospel, each revealing His divine identity and saving work.

Context

- John 6 is one of the richest chapters in all of Scripture.
- The day before this conversation...
- Jesus had fed over **5,000 men** (likely 15,000–20,000 including women and children) with five barley loaves and two fish (John 6:1-14).
- This miracle reminded Israel of God providing manna in the wilderness.
- The crowd became so excited they wanted to force Jesus to become king (John 6:15).
Jesus withdrew.

That evening...

- He instructed His disciples to cross the Sea of Galilee.
- During the night...A violent storm arose.
- Jesus came walking on the water.
- This miracle demonstrated that Jesus wasn't merely another prophet
—He possessed authority over creation itself.

The next morning...

- The crowds searched everywhere for Jesus.
- When they discovered He was now in **Capernaum**, they wondered how He had gotten there.
- Jesus immediately exposed their motives.

"You are looking for Me—not because you saw signs—but because you ate the loaves and were filled." (John 6:26)

- They wanted another free meal.

Jesus' goal is give eternal life

- Wanted to give them eternal life.
- Everything in this chapter moves from physical bread to spiritual bread.
- Eventually Jesus will make an even more shocking statement:

"Unless you eat the flesh of the Son of Man and drink His blood, you have no life in you."
(John 6:53)

- He was not teaching cannibalism or the Lord's Supper here.
- He was teaching complete dependence upon Him.
- Just as food becomes part of us when eaten
- Christ must be personally received by faith.

I. Jesus alone satisfies

John 6:35

Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty."

A. Unpack

1. Whoever comes
2. Whoever believes
3. Coming equals believing.
 - a. Faith is not merely intellectual agreement.
 - b. It is personally coming to Christ.
 - c. Jesus doesn't simply give bread.
 - d. He *is* the Bread.
 - e. He doesn't merely satisfy hunger.
 - f. He is satisfaction itself.
 - g. Everything else leaves us hungry again.
 - h. Only Jesus satisfies forever.

Illustration

- Bread was the staple food of first-century Israel.
- Every meal centered around bread.
- Without bread, people starved.
- Jesus intentionally used the most basic necessity of life.

- As essential as bread is to the body...
- Jesus is essential to the soul.
- This also points back to manna.
- Israel ate manna every day.
- Yet they still died.
- Jesus offers Himself as the better manna.
- The true Bread from Heaven.

Illustration

- Imagine drinking salt water in the ocean.
- The more you drink...
- The thirstier you become.
- Sin works exactly like that.
- The world promises satisfaction.
- It only creates deeper cravings.
- Jesus alone gives living satisfaction.

Application

Ask yourself: “What am I expecting to satisfy me besides Jesus?”

- Career?
- Family?
- Politics?
- Entertainment?
- Religion?
- If Christ isn't enough...
- Nothing else ever will be.

II. Jesus came to save

John 6:36-38

³⁶ But as I told you, you have seen me and still you do not believe. ³⁷ All those the Father gives me will come to me, and whoever comes to me I will never drive away. ³⁸ For I have come down from heaven not to do my will but to do the will of him who sent me.

A. Unpack

1. You don't believe yet.
 - a. Why don't you believe?
 - b. What else are you waiting for?
 - c. Look here I am.
2. Those who the Father gives to me will come to me

Whoever comes to me I will never drive away.

- Dig deep here

3. I came to do the will of the Father.
 - a. Submission to the Father.
 - b. Jesus submitted to the will of the Father.
 - c. He was not self-motivated.
 - d. He was Father motivated.

B. Jesus repeatedly emphasizes that He came from Heaven.

1. This declares His deity.
2. He existed before Bethlehem.
3. He was sent by the Father.
4. His mission wasn't self-directed.
5. It was planned before creation.
6. Jesus' entire earthly ministry was about accomplishing redemption.
 - a. Every miracle...
 - b. Every sermon...
 - c. Every step toward Calvary...
 - d. Fulfilled the Father's eternal plan.

C. Major Doctrine - The Incarnation

1. Jesus is fully God.
2. He came down from Heaven.
3. He entered humanity.
4. He came willingly.

D. Salvation begins with God—not man.

1. We did not climb up to Him.
2. He came down to us.

Illustration

- Imagine a rescue helicopter lowering a rescuer into raging flood waters.
- The victims don't rescue themselves.

- Help comes from above.
- Jesus is Heaven's Rescuer.

Application

- The Christian life begins with surrender.
- If Jesus submitted Himself to the Father's will...
- How much more should we?
- Daily ask:
"What does God desire from me today?"

III. Jesus saves completely - everyone who believes

John 6:37

All those the Father gives me will come to me, and whoever comes to me I will never drive away.

- A.** Listen to that.
 1. These are among the sweetest words in Scripture.
 2. Jesus never rejects repentant sinners.
- B.** Two things I see right here
 1. Divine sovereignty. Human responsibility.
 - a. The Father gives.
 - b. People come.
 2. Both are true.
- C.** God draws. People believe.
 1. Anyone who genuinely comes is welcomed.
 2. No exceptions.
- D.** No qualifications.
 1. No waiting period.
 2. No probation.
 3. No shame.
 4. No sinner is too sinful.
 5. No failure too great.
- E.** Grace and Divine Election marry right here.
 1. By his GRACE God calls you – he elects you. You are chosen.

2. Human responsibility
Will you respond in Faith?
3. Salvation by Christ alone

Illustration

- Many people have experienced rejection.
- Rejected by parents.
- Rejected by spouses.
- Rejected by employers.
- Rejected by friends.

Jesus says

"I will never cast you out."

- Never.

Application

- Stop believing the lie that you've gone too far.
- Come to Christ.
- Keep coming.
- And become the kind of Christian who welcomes broken people because Jesus welcomed you.

IV. Jesus Keeps His People Forever

John 6:39-40

³⁹ And this is the will of him who sent me, that I shall lose none of all those he has given me, but raise them up at the last day.

⁴⁰ For my Father's will is that everyone who looks to the Son and believes in him shall have eternal life, and I will raise them up at the last day."

A. Unpack

1. Four times in John 6 Jesus mentions "the last day"
2. This is eternal security anchored in Christ.
3. The emphasis is not on our grip on HIM
4. The emphasis is on HIS grip on us.

B. Jesus promises

1. I lose none.
2. I raise them all.
3. Every believer has future resurrection guaranteed.
4. The cross secures forgiveness.
5. The resurrection guarantees our future resurrection.
6. Christianity is not merely about dying and going to heaven.
7. It is about resurrection life.

C. Emphasize

1. Perseverance of the saints
2. Security of believers
3. Resurrection
4. Eternal life
5. Assurance
6. The sovereignty of God
7. The faithfulness of Christ

Illustration

- When parents hold a toddler's hand crossing a busy street...
- The child's safety isn't based upon the child's grip.
- It's based upon the parent's.
- Jesus holds His people.

Application

- When doubts come...
- Look away from yourself.
- Look to Christ.
- Your confidence rests in His promises—not your performance.
- Live with hope.
- Death is not the end.
- Because Jesus lives...
- His people will rise.